

Term 4 Newsletter

FRANKLIN
GYMSPORTS

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Term 4 2025



Welcome to our Term 4 Newsletter!

Kia Orana Members,

As we move into the next part of the year, I would like to take a moment to thank each of you for your continued commitment to our club. Franklin Gymsports is proud to serve as a community-centred hub where children, young people, and adults alike can experience the joy of movement, develop new skills, and build lasting friendships.

Our members are at the heart of everything we do, and it is your support—whether as athletes, parents, or volunteers—that allows us to deliver quality programmes and create opportunities for growth both on and off the gym floor.

On behalf of the staff and committee, thank you once again for being an important part of our journey. Together, we are shaping not only stronger athletes, but also confident and resilient young people.

Nicole x

In this newsletter
you can expect:

Welcome

Department
Updates

Staff Spotlight

Upcoming
Events & Dates

Reminders

Committee
Update

Recreation



New Buddy Coaches!

This term we're excited to welcome Jorgia and Kaia to our coaching team as Buddy Coaches.

Buddy Coaches work alongside our experienced coaches to learn and develop their coaching skills before taking on classes independently. This process usually runs for about a term, giving them the opportunity to experience different coaching styles and programmes while building a strong foundation in the art of coaching.

Congratulations

A huge congratulations and thank you to all of our gymnasts who proudly represented Franklin Gymsports in GfA Apparatus competitions and Tumble/Trampoline competitions throughout 2025.

Your energy, determination, and team spirit have been outstanding. Whether it was your first competition or one of many, each of you has shown courage, commitment, and a genuine love for the sport. We are so proud of the progress you've made, the friendships you've built, and the way you've supported one another on and off the floor.

To our incredible coaches, judges, and parent supporters — thank you for your time, dedication, and encouragement. These events wouldn't be possible without your hard work behind the scenes and your passion for helping our athletes shine.

This year has been full of personal bests, big smiles, and memorable moments. We can't wait to see what you'll achieve next season!

Have a Go Day

Our recent Have-A-Go Day was an incredible success, and the excitement is still going! We've had lots of friends of our gymnasts coming in to try out our programmes and many have loved it so much that they've already signed up for classes.

A big thank you to everyone who shared the invitation and helped spread the word, your support makes all the difference!

Competitive

Competitive Gymnasts Finish the Season on a High!

What an incredible season it's been for our competitive gymnasts! After months of dedication, intense training, and travelling across the country, the team wrapped up their season with a fantastic final performance at the Counties competition last weekend.



Throughout the year, our athletes have proudly represented the club at events in Christchurch, Rotorua, Whangārei, Tauranga, Hamilton, and across Auckland. Their hard work has paid off with numerous podium finishes and personal bests—an inspiring testament to their commitment, resilience, hardwork and passion for the sport.

We were thrilled to announce that four of our talented Tumblers had qualified to represent our region at the XP New Zealand Gymnastics Nationals in September. A special mention to Tilly Allan the National Champion 2025 for Womens 15+ Tumble and Levi Fillmore who placed second for Mens 11-12yrs.

Go team!

Nicole Palmer



We are delighted to welcome back our Club Manager, Nicole (Nic) Palmer, who has been on maternity leave since April.

Nic has been part of the Franklin Gymsports journey for many years, first serving as our Recreational Lead from 2014–2018, where she helped build the foundation of our programmes

and created opportunities for countless children to discover gymnastics.

Since stepping into the Club Manager role in 2023, Nic has continued to bring that same passion—leading our team, guiding the direction of our programmes, and working hard to ensure opportunities are available for athletes of all ages and abilities.

Alongside her leadership, Nic is also an experienced senior-level coach who is dedicated to mentoring our staff and fostering an environment where athletes and coaches can thrive.

We are excited to have Nic back with us and look forward to the energy, opportunities, and direction she will continue to bring to our club.



Important Dates

Mon 6 th October:	Term 4 Starts
Mon 27 th October:	Labour Day
Sat 1 st November:	Club Champs
Sat 29 th November:	Christmas on the Green
Sat 6 th December:	Prizegiving
Sat 13 th December:	Final day of classes



01 Nov 2025

Club Champs

Join us for our annual Club Champs Competition. Here are the details:

- Date: 01 November 2025
- Time: 8am - 5pm
- Location: Pukekohe Showgrounds, 58 Station Road, Pukekohe, 2120, Auckland.
- Donations of baked goods and non-perishable food items are greatly appreciated.

NB: A timetable will be circulated via email prior to the competition.



Committee Update

We extend a warm welcome to our newest committee members Sarah Kubler, Sandra O'Keeffe, Vicki Appleton-Tattersall, and Jerikka Nowland. We're thrilled to have you join us and look forward to the energy and ideas you'll bring.

We are also pleased to confirm our continuing committee member: Abby Dummer Sarah Riches, and Linda Hackett (Life Member), whose ongoing commitment remains a great asset to the club.

A special welcome back to Sarah Riches, returning to the committee as our new President, and congratulations to Abby Dummer, who will step into the Vice President position. Sandra will take on the role of Treasurer, and Sarah Kubler will serve as our newly appointed Secretary.

As we look ahead, we also take a moment to say a heartfelt thank you and farewell to Liz Roozendaal and Jo Johnson who have given more than a decade of service to the club in various roles. Your passion, hard work, and dedication have left a lasting impact, and you will always be a valued part of our club's story.



Thank you for reading!

FRANKLIN GYMSPORTS	 09 238 8290
58 Station Road, Pukekohe 2120, Auckland	 www.franklingymsports.com  info@franklingymsports.co.nz  Franklin Gymsports